

Bixby School

Lunch Menu

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Bean and Cheese Burrito G/D Mexican Grilled Corn on the Cob V/D/E Spanish Rice V Fresh Fruit V	2 Beef Feijoda (beef stew) B Plantain Chips V Pao de Queijo (cheese bread) G/D Fresh Mango V	3 Spaghetti and Meatballs G/B/E Italian Bruchetta G/V Italian Chopped Salad V Fresh Fruit V	4
5	6 B.L.T on whole Grain G/P/D/E Non-mayo available Vegetarian and gluten free available Apple Sauce Vegan Cottage Cheese V/D Kale Chips V	7 Udon Noodle Toss V/G/S Thai Chicken Coconut Soup C/S Chow Mein Chopped Salad G Fresh Fruit V	8 Beef Stroganoff on Egg Noodles B/D/E/G Roasted Corn V Fresh Fruit V	9 Pizza D/G/B (V-Opt) Carrots and Celery V Fresh Fruit V	10 Grilled Turkey Dogs T Vegetarian Baked Beans V Roasted Potato Wedges V Fresh Fruit V	11
12	13 Cheese Ravioli & Marinara Sauce D/G/V Pesto Sauce NUT FREE! Blistered Green Beans V Fresh Fruit V	14 Honey Mustard Chicken GF/C Glazed Maple Carrots D Cous Cous G Fresh Fruit V	15 Ground Turkey Tacos T/D Corn and Black Bean Salad V Guacamole V Tortilla Chips V Fresh Fruit V	16 Blueberry Pancakes G/D/E Bacon P Scrambled Eggs E/D/V Fresh Fruit V	17	18
19	20 Zucchini Noodles V Marinara Sauce with meat B Italian Chopped Salad V Garlic Bruchetta G/D Fresh Fruit V	21 Grilled Cheese w/Tomato Soup D/G/V Baked Potato Chips V Fresh Fruit V	22 Pork Lo Mein P/G/S Vegetarian Spring Rolls G/E/V Sesame Cucumber Salad V Fresh Fruit V	23 Jerk Rubbed Chicken Thighs C Red Beans and Rice V Plantain Chips V Fresh Fruit V	24 Veggie Quesadillas on whole whea V/G/D Turkey Taco Soup T/D Snap Peas and Carrots V Fresh Fruit V	25
26	27 BBQ Chicken Legs C Scalloped Potatoes D/E/V Carrots and Celery V Fresh Fruit V	28 Beef Tacos B/D (dairy free taco available) Vegetarian Refried beans V Corn on the Cob V Fresh Fruit V	29 Vegetarian Pot Stickers V/G Asian Broccoli Salad with Ginger Vegan/S Pineapple Fried Rice V/E Fresh Fruit V	30 Ranch Pork Chops P/G/E Roasted Vegetables V Rice Pilaf V Fresh Fruit V	31 Split Pea Soup with Ham P Cornbread E/D/V Caesar Salad G/E/D/F Green salad available Fresh Fruit V	

B=Beef, C=Chicken, D=Dairy, E=Egg, G=Gluten, P=Pork, S=Soy, F=Fish SH=Shellfish, T=Turkey, V=Vegetarian

Parents on days there is Gluten in our meals feel free to bring your child GF pasta and breads. Also, on days where there is not a vegetarian protein option, please feel free to bring your child a protein.