

< October, 2018 >

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Cornbread (D,E,G) Fresh Fruit (Vegan) Vegetable Medley (Vegan) Vegetarian Chili (Vegetarian)	<b>2</b> Fresh Fruit (Vegan) Jasmine Rice (Vegan) Roasted Broccoli (Vegan) Teriyaki Chicken (C,S)	<b>3</b> Cheese Slices (D) Fresh Fruit (Vegan) Shepherd's Pie (B,D) Vegetarian Baked Beans (V/S)	<b>4</b> Fresh Fruit (Vegan) Garlic French Bread (D/G) Mild Italian Sausage (P) Pasta w/ Marinara (Vegan/G)	<b>5</b> Asian Chopped Salad (S/G) Fresh Fruit (Vegan) Pork Fried Rice (P/S) Vegetarian Pot Stickers (V/E/G)	<b>6</b>
<b>7</b>	<b>8</b> Fresh Fruit (Vegan) Grilled Cheese (V/G/D) Tomato Basil Soup (Vegan) Zucchini Fries (Vegan)	<b>9</b> Cilantro Lime Rice (Vegan) Fresh Fruit (Vegan) Mexican Street Corn (V/D) Southwest Veggie Tostada (V/D)	<b>10</b> Carrots and Celery (Vegan) Dino Nuggets (C/G) Fresh Fruit (Vegan) Tots (V)	<b>11</b> Fresh Fruit (Vegan) Roasted Potato Wedges (Vegan) Sausage Breakfast Burritos (P/E/D/G) Yogurt and Granola (D)	<b>12</b> BBQ Chicken Sliders (C/G) Fresh Fruit (Vegan) Potato Salad (V/D/E) Roasted Carrots (Vegan)	<b>13</b>
<b>14</b>	<b>15</b> Applesauce (Vegan) Baguette (V/G) Lentil Potato Alphabet Soup (Vegan) Spinach and Berry Salad (Vegan)	<b>16</b> Blistered Green Beans (Vegan) Caesar Salad (F/G) Fresh Fruit (Vegan) Vegetarian Lasagna (V/D)	<b>17</b> Fresh Fruit (Vegan) Mexican Coleslaw (V/D/E) Pulled Pork Quesadilla (P/D/G) Quinoa and Black Bean Salad (Vegan)	<b>18</b> Baked Cinnamon Apples (Vegan) Mashed Potatoes (D/V) Ranch Pork Chops (P/G) Sweet Peas (Vegan)	<b>19</b> NO SCHOOL	<b>20</b>
<b>21</b>	<b>22</b> Fresh Fruit (Vegan) Sweet and Sour Pork (P/S) Vegetarian Spring Rolls (V/E/G) White Rice (Vegan)	<b>23</b> Cheese Stick (D) Chicken Noodle Soup (C/G) Fresh Fruit (Vegan) Warm Biscuit (G/D/E)	<b>24</b> Chicken Caesar Wrap with bacon (C/F/P/G) Fresh Fruit (Vegan) Macaroni Salad (G/D/E) Tortilla Chips (V)	<b>25</b> French Fries (V) Fresh Fruit (Vegan) Hot Dogs (B/G) Watermelon and Cucumber Salad (Vegan)	<b>26</b> Cottage Cheese (D) Creamy Lemon Pasta with Peas (V/G/D) Fresh Fruit (Vegan) Tossed Green Salad (choice of dressing)	<b>27</b>
<b>28</b>	<b>29</b> Cheese Ravioli with Marinara (V/D/G) Fresh Fruit (Vegan) Kale Chips (Vegan)	<b>30</b> Baked Potato Chips (V) Fresh Fruit (Vegan) Ham and Cheese on Whole Wheat (P/D/G) Tomato and Cucumber Salad (Vegan)	<b>31</b> Breadstick (G/D) Chunky Pizza Soup (P/D) Fresh Fruit (Vegan) Italian Tossed Salad (Vegan)			