

< April, 2019 >

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Baby Carrots (Vegan) Fresh Pineapple (Vegan) Pizza Day!	2 Applesauce (Vegan) Beef Chili (B) Cornbread (D,E,G) Vegetable Medley (Vegan)	3 Caesar Salad (F/G) Fresh Fruit (Vegan) Spaghetti and Meatballs (B/P/G/E) Zucchini Fries (Vegan)	4 Baked Potato Chips (V) Cucumber Slices (Vegan) Fresh Fruit (Vegan) Pesto Chicken Sliders (C/G/D)	5 Beanie Weenies (P/B) Fresh Fruit (Vegan) Island Fried Rice (V/E) Tossed Green Salad (choice of dressing)	6
7	8 Fresh Fruit (Vegan) Jerk Rubbed Chicken Thighs (C) Plantain Chips (Vegan) Red Beans and Rice (Vegan)	9 Beef Taco Pasta (B,G,D) Corn on the Cob (Vegan) Fresh Fruit (Vegan) Vegetarian Refried Beans (Vegan)	10 Cous Cous (V/G) Fresh Fruit (Vegan) Mediterranean Box (V/G)	11 Baked Sweet Potato with Cinnamon Butter (V/D) Mini Chicken Pot Pies (C/G/D/E) Spinach and Berry Salad (Vegan) Strawberry Apple Sauce (Vegan)	12 B.L.T. on whole wheat (P/G) Baby Carrots with Yogurt Dipping Sauce (V/D) Cottage Cheese (D) Fruit Salad (Vegan)	13
14	15 Fresh Fruit (Vegan) Ginger Snow Peas (Vegan) Miso Alphabet Soup (V/S/G) Vegetarian Spring Rolls (V/E/G)	16 Fresh Fruit (Vegan) Grilled Tortillas (G) Steak Fiesta Bowl (B/D)	17 Brown Rice (Vegan) Grilled Pineapple (Vegan) Roasted Broccoli (Vegan) Teriyaki Chicken (C,S)	18 Fresh Fruit (Vegan) Hot Dogs (B/G) Macaroni Salad (G/D/E) Roasted Potato Wedges (Vegan)	19 5th GRADE CHOICE DAY CHicken Enchiladas (C/D/G) Fresh Peaches (Vegan) Tortilla Chips with Guacamole (Vegan) Tossed Green Salad (choice of dressing)	20
21	22 Protein Bento Box (all dietary options)	23 Egg Noodles (E/G/V) Fresh Fruit (Vegan) Roasted Carrots (Vegan) Roman Chicken (C)	24 Cheese Ravioli with Marinara (V/D/G) Fresh Fruit (Vegan) Garlic Knots (G/D) Kale Chips (Vegan)	25 Fresh Fruit (Vegan) Green Beans (vegan) Mashed Potatoes (D/V) Meatloaf Muffins (B/E/G)	26 BROWN BAG LUNCH	27
28	29 Caprese Salad (V/D) Fresh Fruit (Vegan) Italian Roll Up's (G/P/D) Orzo Pasta Salad (V/G)	30 Fresh Fruit (Vegan) Jasmine Rice (Vegan) Roasted Vegetables (Vegan) Sweet and Sour Turkey Meatballs (T/E/G/S)				