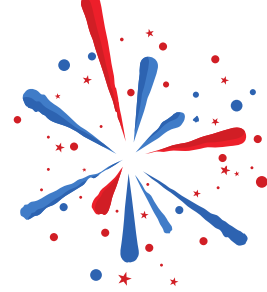


CAFÉ BIXBY MENU - JULY 2022

Mon	Tues	Wed	Thur	Fri
				1 BBQ CHICKEN (GF, DF) BBQ CAULIFLOWER (VV, GF, DF) SAUTEÉD GREEN BEANS (VV, GF, DF) MAC N CHEESE (GF AVAIL) FRESH SLICED WATERMELON (VV, GF, DF) MIXED GREENS SALAD (VV, GF, DF)
4 No camp Happy 4th! 	5 SPAGHETTI BOLOGNESE (GF & VV OPT AVAIL, DF) GARLIC BREAD (VV, DF) SAUTEÉD SPINACH (VV, GF, DF) FRESH GRAPES (VV, DF, GF) CAESAR SALAD (OPTS AVAIL)	6 GRILLED CHEESE (GF AVAIL) TOMATO SOUP (GF, V) SAUTEÉD BRUSSEL SPROUTS (VV, DF, GF) SEASONAL BERRIES (VV, DF, GF) MIXED GREENS SALAD (OPTS AVAIL)	7 CHICKEN FRIED RICE (GF, DF, & VV AVAIL) STEAMED EDAMAME (VV, DF, GF) FRESH ORANGE SLICES (VV, DF, GF) ASIAN SLAW (VV, DF, GF)	8 PIZZA (V AND GF AVAILABLE) FRESH SLICED PINEAPPLE (VV, DF, GF) MIXED GREENS SALAD (OPTS AVAIL)
11 OIL POACHED FISH (V-PESC, GF, DF) GARLIC ROASTED POTATOES (VV, DF, GF) SAUTEÉD GREEN BEANS (VV, DF, GF) TROPICAL FRUIT SALAD (VV, DF, GF) COLE SLAW (V, DF, GF)	12 SOFT-SHELLED TACOS (ALL OPTS AVAIL) LETTUCE, TOMATOES, CHEESE, SOUR CREAM MEXICAN RICE (VV, GF, DF) DULCHE DE LECHE BANANAS (V,GF) MIXED GREENS SALAD	13 SCRAMBLED EGGS (V, GF) WHOLE GRAIN TOAST (VV, GF) BACON & IMP. SAUSAGE GRAPE SALAD (V, GF) MIXED GREENS SALAD	14 PULLED PORK W_ BBQ SAUCE (GF, DF) ROASTED CAULIFLOWER W/ BBQ SAUCE (VV, GF, DF) MASHED SWEET POTATOES (V, GF) STEAMED BROCCOLI (V, GF) FRESH PINEAPPLE (VV, DF, GF) MIXED GREENS SALAD	15 SOUTHERN FRIED CHICKEN VEGAN CHICKEN TENDERS (VV, DF) MASHED POTATOES W/ GRAVY (V, GF) SAUTEÉD GREEN BEANS (VV, DF, GF) ROASTED PEACHES W/ GRANOLA CRUMBLE (VV, GF, DF) MIXED GREENS SALAD
18 CHICKEN TENDERS (VV AVAIL, DF) FRENCH FRIES (VV, GF, DF) HONEY GLAZED CARROTS (V, GF) FRESH FRUIT SALAD (VV, GF, DF) MIXED GREENS SALAD	19 HAMBURGERS (GF AVAIL, DF) IMPOSSIBLE BURGER (VV, DF) TATER TOTS (VV, GF, DF) STEAMED BROCCOLI (VV, GF) FRESH BANANAS (VV, DF, GF) MIXED GREENS SALAD	20 BUILD YOUR OWN NACHOS (ALL DIETARY OPTIONS AVAILABLE) MEATS, CHEESES, VEGGIES, SOUR CREAM GUACAMOLE (VV, GF, DF) MEXICAN RICE (VV, DF, GF) APPLE SLICES W/ CARAMEL (VV, DF, GF)	21 GARLIC GRILLED CHICKEN (DF, GF) GARLIC VEGGIE NUGGETS (VV, DF) PESTO PASTA W/ VEGGIES (GF AVAIL, V) BAKED PEARS (VV, GF, DF) MIXED GREENS SALAD	22 BEEF & PORK MEATLOAF (DF) VEGAN MEATLOAF (VV, DF) MASHED POTATOES (V, GF) SAUTEÉD GREEN BEANS (VV, DF, GF) FRESH MANGOS (VV, DF, GF) MIXED GREENS SALAD
25 CHICKEN & DUMPLINGS CHICKEN & RICE (GF, DF) VEGAN OPTION AVAILABLE FRIED OKRA (V, DF) BAKED APPLES (VV, DF, GF) MIXED GREENS SALAD	26 RED BEANS & RICE (VV, GF, DF) SAUTEÉD SPINACH (VV, DF, GF) FRESH SLICED MANGOS (VV, DF, GF) MIXED GREENS SALAD	27 CHICKEN CORDON BLEU (GF, VV OPT AVAIL) ROASTED POTATOES (VV, DF, GF) SAUTEÉD BRUSSEL SPROUTS (VV, DF, GF) FRESH SEASONAL BERRIES (VV, DF, GF) MIXED GREENS SALAD	28 MAC N CHEESE (V) (GF AVAIL) HOT DOG BITES (VV AVAIL) BROCCOLI SALAD (V, GF) MANDARIN ORANGES (VV, DF, GF) MIXED GREENS SALAD	29 PANCAKES (V) (GF AVAIL) BACON (DF, GF) IMPOSSIBLE SAUSAGE (VV, GF, DF) FRESH FRUIT SALAD (VV, DF, GF) MIXED GREENS SALAD

KEY: VV= VEGAN, V=VEGETARIAN, DF= DAIRY FREE, GF= GLUTEN FREE