

**9/23**

**Hot Entrée**

Orange Pineapple  
Baked Ham

Orange Pineapple  
Jackfruit

Polenta

Brussel Sprouts

**Salad**

Cucumber and  
Tomato Salad

**9/24**

**Hot Entrée**

Bbq Chicken

Bbq Tofu

Sweet Potato

Tots

Grilled Zucchini

**Salad**

Green Bean Salad

**9/25**

**Hot Entrée**

Maple Ginger Tofu

Rice Noodles

Steamed Broccoli

Mandarin Oranges

**Salad**

Soy-Ginger Salad

**9/26**

**Hot Entrée**

Tuna Noodle  
Casserole

Pea Casserole

Maple Roasted

Carrots

Blueberry Oat Bars

**Salad**

Wedge Salad

**9/27**

**Hot Entrée**

Beef Bulgogi

Bao Bun

Jasmine Rice

Kimchi

Korean  
Spinach

**Salad**

Sweet Radish  
Salad

If you have questions or special dietary needs please contact Amber Rybarczyk at

[Amber.Rybarczyk@Compass-usa.com](mailto:Amber.Rybarczyk@Compass-usa.com)

**9/30**

**Hot Entrée**

Soup and Salad Bar

Roasted Carrots

Roasted Potato's

Egg Noodles

**Salad**

Fruit Salad

**10/01**

**Hot Entrée**

Cheese Tortellini  
With Marinara Sauce

Garlic Bread

Roasted Parmesan  
Broccoli

Apple Slices

**Salad**

Caesar Salad

**10/02**

**Hot Entrée**

Plum Chicken

Plum Tofu

Asian Vegetables

Sauteed Noodles

**Salad**

Carrot and Rasin  
Salad

**10/03**

**Hot Entrée**

BBq Pulled Pork  
Taco's

Grilled Pineapple

Pickled Onions

Black beans

Brown Cilantro Rice

**Salad**

Cilantro Lime Salad

**10/04**

**Hot Entrée**  
**5th Grade Choice**

Ramen

Fried Tofu

Edamame

Pot Stickers

**Salad**

Nori Salad

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**10/07**

**Hot Entrée**

Grilled Chicken

Grilled Tofu

Tater Tots

Roasted  
Acorn Squash

**Salad**

Quinoa Salad

**10/08**

**Hot Entrée**

Beef Meatball Sub

Veggie Meatball Sub

Green Beans

Carrots and Ranch

**Salad**

Kale Salad

**10/09**

**Hot Entrée**

Black Bean Enchilada

Mexican Brown Rice

Sour Cream

Salsa

Street Corn

**Salad**

Southwest Salad

**10/10**

**Hot Entrée**

Pancakes

Gluten-Friendly  
Pancakes

Scrambled Eggs

Sausage Links

Hash Browns

**Salad**

Fruit Salad

**10/11**

**Hot Entrée**

Pepperoni Stromboli

Cheese Stromboli

Veggie Stromboli

Roasted Broccoli

Orange Wedges

**Salad**

Garden Salad

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