



**01/06**

**Hot Entrée**

**Teacher  
In Service  
Day**

Salad  
Bar, Soup  
and  
Calzones

**Salad**

**01/07**

**Hot Entrée**

Cheese Quesadilla  
Chicken Quesadilla  
Brisket Quesadilla

Fried Brown Rice

Salsa  
Sour Cream

**Salad**

Southwest Salad

**01/08**

**Hot Entrée**

Spaghetti

Gluten Friendly  
Spaghetti

Marinara Sauce  
Meat Sauce

Garlic Bread

Broccoli

**Salad**

Caesar Salad

**01/09**

**Hot Entrée**

Salisbury Steak

Mushroom Steak

Mashed Potato's

Grilled Asparagus

**Salad**

Garden Salad

**01/10**

**Hot Entrée**

Scrambled eggs

Tofu Scramble

Hashbrowns

Yogurt and  
Granola

**Salad**

Fruit Salad

If you have questions or special dietary needs please contact Amber Rybarczyk at  
[Amber.Rybarczyk@Compass-usa.com](mailto:Amber.Rybarczyk@Compass-usa.com)



**01/13**

**Hot Entrée**

Warm Turkey Club

Warm Tofu Club

Broccoli Salad

Mandarin Oranges

**Salad**

Pasta Salad

**01/14**

**Hot Entrée**

Sweet and Sour  
Chicken

Sweet and Sour  
Tofu

Udon Noodles

Roasted Pineapple

Broccolini

**Salad**

Asian Salad

**01/15**

**Hot Entrée**

Sloppy Joes

Veggie Joes

French Fries

Roasted  
Carrots

**Salad**

Cole Slaw

**01/16**

**Hot Entrée**

Get Swavory  
Grapefruit

Coconut Beef

Coconut Jackfruit

Grapefruit Smoothie

Jasmini Rice

**Salad**

Jicama, Grapefruit  
Salad

**01/17**

**Hot Entrée**

Chicken Tenders

Plant Based  
Tenders

Roasted Sweet  
Potato

Carrots/Celery  
With Ranch

**Salad**

Garden Salad

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**01/20**

**Hot Entrée**

**MLK Day**

**No Classes**

**Salad**

Closed

**01/21**

**Hot Entrée**

Nacho's

Beef Or Veggies

Cheese Sauce

Guacamole, Salsa,  
Sour Cream& Beans

**Salad**

Tomato & Corn  
Salad

**01/22**

**Hot Entrée**

Chicken Parmesan

Egg Plant Parmesan

Garlic Pasta

Bread Sticks

Ratatouille

**Salad**

Antipasto Salad

**01/23**

**Hot Entrée**

Baked Potato

Turkey Chili

Lentil Chili

Cheese Sauce

Roasted Broccoli

**Salad**

Spinach Salad

**01/24**

**Hot Entrée**

Grilled Cheese

Tomato Soup

Roasted  
Cauliflower

Apple Slices

**Salad**

Macaroni Salad

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**01/27**

**Hot Entrée**

Cheeseburger  
Garden Burger  
Wheat Bun  
Lettuce, Tomato  
And Pickles  
Chips  
Cole Slaw

**Salad**

Spinach Salad

**01/28**

**Hot Entrée**

Cheese Tortellini  
Gluten Free Pasta  
Marinara Sauce  
Alfredo Sauce  
Garlic Broccoli

**Salad**

Garden Salad

**01/29**

**Hot Entrée**

Lunar New Year  
Soy Ginger  
Marinated Chicken  
Soy Ginger Tofu  
Brown Rice  
Spring Rolls

**Salad**

Rice Noodle Salad

**01/30**

**Hot Entrée**

Pepperoni Pizza  
Cheese Pizza  
Gluten Friendly  
Pizza  
Parmesan Broccoli  
Apple Slices

**Salad**

Caesar Salad

**01/31**

**Hot Entrée**

Hot Chocolate Day  
Ham and Cheese  
Egg Scramble  
Veggie Egg  
Scramble  
Roasted Potatoes  
Sauteed Spinach

**Salad**

Fruit Salad

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