



**02/10**

**Hot Entrée**

Hot Dogs

Veggie Dogs

French Fries

Peas

**Salad**

Garden Salad  
Salad

**02/11**

**Hot Entrée**

Plant Power-Quinoa

Whole Wheat  
Quinoa Pancakes

FISD Peach  
Cinnamon Quinoa

Bacon

Sausage

**Salad**

Berry Salad

**02/12**

**Hot Entrée**

Potstickers- Chicken

Potstickers-Veggie

Vegetable  
Stir Fry

Rice noodles  
with Eggs and  
Edamame

**Salad**

Cabbage Salad

**02/13**

**Hot Entrée**

FISD Pot Roast

Roasted Potato's

Roasted Carrots

Rolls

**Salad**

Spinach Salad

**02/14**

**Hot Entrée**

Chicken  
Enchilada's

Cheese  
Enchilada's

Sour Cream

Spanish Rice

Heart Brownies

**Salad**

Corn

If you have questions or special dietary needs please contact Amber Rybarczyk at  
[Amber.Rybarczyk@Compass-usa.com](mailto:Amber.Rybarczyk@Compass-usa.com)



**02/17**

**Hot Entrée**

**No Classes**  
**Presidents Day**

**Salad**

**02/18**

**Hot Entrée**

**In Service Day**  
**Teachers Only**

Salad, Soup  
Warm  
Sandwiches

**Salad**

**02/19**

**Hot Entrée**

Spice Explorer  
Puerto Rico

Puerto Rican  
Rotisserie Chicken

Puerto Rican  
Jackfruit

Coconut Rice  
Hashbrowns  
Fried Plantains

Puerto Rican  
Beans

**Salad**

**02/20**

**Hot Entrée**

5<sup>th</sup> Grade Choice  
Orange Chicken

Orange Tofu

Asian Snap Peas

White Rice

Chicken Soup

**Salad**

Cucumber Salad

**02/21**

**Hot Entrée**

FISD Baked  
French Toast

Gluten Friendly  
French Toast

Ham Steak

FISD Shredded

**Salad**

Fruit Salad

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**02/24**

**Hot Entrée**

Pork Tenderloin  
With Apple  
Chutney

Roasted  
Tofu

Roasted  
Potato's

Cauliflower

**Salad**

Lemon Pea  
Caesar Salad  
Salad

**02/25**

**Hot Entrée**

Honey Hoisin  
Chicken Thighs

Honey Hoisin  
Tofu

Bao Buns

Edamame

Yakisoba  
Noodles

**Salad**

Asian Cucumber

Salad

**02/26**

**Hot Entrée**

Sausage and  
Chicken  
Jambalaya

Cheesy Grits

Corn on the  
Cobb

**Salad**

Creole Cole Slaw

**02/27**

**Hot Entrée**

Chili Holiday

Beef Chili

Lentil Chili

Corn Bread

Assorted Toppers-  
Cheese, Onions,  
Jalapenos and  
Sour Cream

Creamed Spinach

**Salad**

Garden Salad

**02/28**

**Hot Entrée**

Chicken Wings

Plant Based  
Chicken

Mozzarella  
Sticks

Sauteed  
Veggies

**Salad**

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